



BLOOM TOWNSHIP HIGH SCHOOL DISTRICT 206

BLOOM & BLOOM TRAIL HIGH SCHOOLS

April 12, 2021

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Greetings Bloom Township High School District 206 Families!

We are just days away from our first ever Virtual **Spring Parent University!** This event will take place on Saturday, April 17, 2021 from 10am-12pm via Zoom. If you haven't done so already, please download the Zoom app for faster service.

Please register for this free event using the link below:
[Spring Parent University Registration](#)

Prizes will be raffled to parents and students for parental attendance.

The sessions and descriptions are below. You will have an opportunity to hear all of the presenters.

1. *The Uninvited Guest: Trauma Responsive Parenting during COVID and School Reopening*
Speaker: Dr. Mashana Smith

The pandemic has affected the lives of students, educators, and families throughout Illinois. In response to the wide impact, many school districts are embracing trauma-informed policies and practices. While it is imperative for schools, teachers to be responsive to stress, trauma, when it comes to addressing stress, and trauma, the old saying of "the parent is the child's first teacher" could not be more true. In this session, Dr. Smith will share the many ways in which the pandemic has affected school-aged youth. Moreover, she will enlighten parents on the ways in which the return to school may further affect youth. Parents will learn strategies to support their children through these unprecedented times and upcoming transitions. Finally, participants will learn strategies for engaging in their own self-care.



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2. *Understanding and Coping with Grief or Loss* Speaker: Stephanie Haywood

Parents will learn:

- Increase understanding about “loss”
- Gain better understanding of the grief process
- Learn coping skills when dealing with loss

3. *Making An Impact: Parent Advocacy and School Relationship Building* Speaker: Ernesto Saldivar Jr.

The goal of this presentation is to empower parents in becoming effective advocates for their children while building positive relationships with school personnel. This will be achieved by providing information and an opportunity to practice skills in a supportive environment.

Note: This session will be provided in English & Spanish

We hope to see everyone virtually this Saturday! Stay safe!